




Rapid Access

TRAINING GUIDE

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Rapid Access



Who We Are

The Leading Provider of Powered Access Solutions in the Middle East.

We are the leading provider of powered access solutions in the Middle East. We operate from nine depot locations across all six GCC countries supplying a diverse fleet to enable safe, productive and successful work at every height.

Our clients have access to the region's largest fleet of industry leading powered access machinery ensuring unrivaled availability and suitability.

As the region's largest provider of industry training and with a range of pioneering safety and productivity enhancing attachments, Rapid operates at the cutting edge of powered access best practice.

“We are the region's largest supplier of powered access solutions”



We have the expertise to help you work more safely and productively at height.

Let us help you find:

- IPAF, PASMA, Highfield and other accredited courses delivered by fully trained, award-winning instructors
- On-site, bespoke training and Toolbox Talks
- One clear price that includes full certification and lunch (where applicable)
- Training on your work site or at one of our training centres across the GCC

With vast experience of working on major projects and tackling site specific issues, the services we can offer for you include:

- Risk assessment and method statements
- New product development
- Powered access policies
- Machine modifications
- Health and safety guidance

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Powered access training

Look for International Powered Access Federation (IPAF) accreditation training. These courses are internationally recognised and offer training in using, managing and working effectively with access platforms.



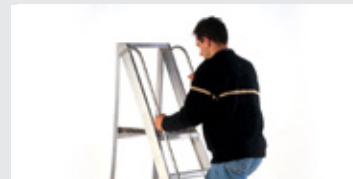
Workplace safety

From safety to First Aid training, manual handling and more, we can provide your training at one of our dedicated training centres or at your workplace.



Steps, ladders and aluminium towers

We deliver courses offering training in the safe use of ladders and steps, as well as PASMA training for the construction, use and inspection of mobile aluminium towers.



Site specific training advice

Use our Toolbox Talks to get your employees up to speed. We can provide tailored courses on working at height on your site.



The International Powered Access Federation (IPAF) promotes the safe and effective use of powered access worldwide.

The International Powered Access Federation (IPAF) is the world's largest organisation dedicated to promoting the safe and effective use of Mobile Elevating Work Platforms (MEWPs). They have a range of training products designed for operators, managers and supervisors.

Those who successfully complete IPAF training are awarded the Powered Access Licence Smart (PAL) card, the most widely held and recognised proof of training for platform operators.

Why choose IPAF training?

IPAF is a UK based non-profit organisation with over 35 years of experience and represents over 85% of the global MEWP market.

IPAF training is recognised on sites across the world and is increasingly mandated on construction sites across the GCC. With a license validity of 5 years, covering 4 categories of machine type, IPAF training is a very cost effective means of ensuring operators are competently trained and capable of working on any worksite.

IPAF training across the GCC

The list of organisations recognising or mandating IPAF continues to grow across the GCC. Key examples include;

- Aramco, KSA
- EXPO 2020, UAE
- Qatar 2022, Qatar
- Abu Dhabi Codes of Practise, UAE
- Dubai Municipality Codes of Practise, UAE

Powered Access License (PAL) card

- Valid for five years
- Displays the machine categories that the operator has been trained on
- Features the holder's photo and signature
- Holds a unique license number
- Operator and license can be verified on the IPAF website
- Includes smart NFC technology
- Compatible with the Rapid Access SkySentry machine management system



IPAF Operator Courses

With more IPAF instructors, training centres and experience in delivering courses than anyone else, you can rely on us to get you trained and ready to work safely on your next project.

Our IPAF operator courses are available at our training centres across the GCC and can even be held on your own site.

IPAF Operator Courses

Our complete range of training courses are ideal for anyone looking for advanced or specialist training.

Our additional range of IPAF training for powered access users includes:

- IPAF MEWPs for Managers
- IPAF PAL+
- IPAF Competent Assessed Persons
- IPAF demonstrator
- IPAF MEWP Harness Use and Inspection

Advanced training

Rapid Access also offer a range of premium training options;

- Improve operator pass rates
- Develop skills in high risk situations
- Post-training refresher courses
- Post-training competency testing
- Operator efficiency tests

Who should attend an Operator Course?

These courses are designed for the operators of Mobile Elevating Work Platforms (MEWPs) and those looking to renew their operator licenses.

Aim

To instruct an operator to prepare and operate various types of MEWPs.

Outcomes

By the end of the course delegates will:

- Be aware of the relevant Health & Safety Regulations
- Be aware of accident prevention and control
- Be aware of the needs regarding personnel protection
- Be aware of the need to refer to the operating manual
- Be able to drive the MEWP safely and manoeuvre the machine as required, as well as correctly position and carry out the required tasks in a proper manner, inside and outside a building.



Duration	1 full day*
Location	At our depot or on-site*
Method	<ul style="list-style-type: none">• Classroom tutorials• Theory test• Demonstrations• Practical tests
Delegate numbers	x 4 - 2 Categories x 6 - 1 Category
Languages	We offer training in multiple languages – contact your local depot to find out more.

See page 6 for additional options on our operator training packages, including Virtual Reality training and familiarisation.

Advanced Operators Courses



DESCRIPTION	COURSE ELEMENTS	LOCATION	METHOD	OUTCOMES	
<p>Specialist 2 day safe working at height course hosted at Rapid's facility.</p> <p>Includes:</p> <ul style="list-style-type: none"> • Completion of Highfield (HABC) working at height course as an introductory session • The opportunity to build confidence on Rapid's VR MEWP simulator prior to the IPAF training session. • Completion of IPAF training courses for the chosen machine categories at Rapid's purpose built training centre with Rapid machinery • A follow up competency test using Rapid's VR unit to ensure learning is put into practise and identify potential areas for operator improvement. 	<p>P1 Highfield Work at Height Level 2</p> <p>P2 MEWP Virtual Reality Induction</p> <p>P3 IPAF Operator Training</p> <p>P4 VR Based Return Competency Test</p>	<p>Rapid Depot</p> <p>Rapid Depot</p> <p>Rapid Depot</p> <p>Rapid Depot or Customer Site</p>	<p>Tutorial, Demonstration, Theory, Practical</p> <p>VR Practical</p> <p>Tutorial, Demonstration, Theory, Practical</p> <p>VR Simulator with Competency Grading</p>	<p>Level 2 Highfield (HABC) Accredited Working at Height Qualification (3 year validity)</p> <p>IPAF operator license (5 year validity) for chosen equipment</p> <p>VR competency test to refresh learning and identify areas for additional improvement</p>	2+1 Day



<p>Specialist 2 day safe working at height course hosted at Rapid's facility.</p> <p>Includes:</p> <ul style="list-style-type: none"> • Completion of Highfield (HABC) working at height course as an introductory session • The opportunity to build confidence on Rapid's VR MEWP simulator prior to the IPAF training session. • Completion of IPAF training courses for the chosen machine categories at Rapid's purpose built training centre with Rapid machinery 	<p>G1 Highfield Work at Height Level 2</p> <p>G2 MEWP Virtual Reality Induction</p> <p>G3 IPAF Operator Training</p>	<p>Rapid Depot</p> <p>Rapid Depot</p> <p>Rapid Depot</p>	<p>Tutorial, Demonstration, Theory, Practical</p> <p>VR Practical</p> <p>Tutorial, Demonstration, Theory, Practical</p>	<p>Level 2 Highfield (HABC) Accredited Working at Height Qualification (3 year validity)</p> <p>IPAF operator license (5 year validity) for chosen equipment</p>	2 Days
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<ul style="list-style-type: none"> • Completion of IPAF training courses for the chosen machine categories at Rapid's purpose built training centre with Rapid machinery 	<p>S1 IPAF Operator Training</p>	<p>Rapid Depot</p>	<p>Tutorial, Demonstration, Theory, Practical</p>	<p>IPAF operator license (5 year validity) for chosen equipment</p>	1 Day
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<ul style="list-style-type: none"> • Completion of IPAF training courses for the chosen machine categories at customer's site with customer supplied machines 	<p>B1 IPAF Operator Training</p>	<p>Customer Site</p>	<p>Tutorial, Demonstration, Theory, Practical</p>	<p>IPAF operator license (5 year validity) for chosen equipment</p>	1 Day
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Virtual Reality Training Simulator

- 32 scissor and boom lift scenarios
- State-of-the-art virtual reality technology
- Replica controls based on real machines
- Fully immersive and realistic high-risk manoeuvres in a safe environment
- Conducted at training centres or on-site
- Operator skills scored using operator metrics and tracking systems

Training Benefits:

- Operators familiarised with MEWP use
- Safer, more experienced operators
- Practice in responding to risk
- Reduction in the number of accidents on site
- Reduction to damage to buildings and equipment
- High Risk operating scenarios in a risk free environment



“IPAF welcomes this technology and immediately endorses the use of VR simulators as a good training tool for MEWP operations, when used in addition to the current IPAF theory and practical training programmes.”

Tim Whiteman, IPAF CEO



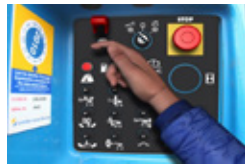
IPAF Courses

Whether you're in a managerial or supervisory position, require further safety awareness, or are aiming to teach others about using powered access, our extensive IPAF courses can provide you with the training you need.

As well as being internationally recognised, all of our courses are delivered by fully qualified instructors with experience in promoting working at height best practice.



IPAF Demonstrator



The course for any IPAF operator who is required to handover and familiarise powered access, such as boom and scissor lifts, to customers or work colleagues.

What will I learn?

- How to demonstrate and familiarise operators with their responsibilities when using powered access machines
- How to demonstrate pre-operational and safe operating procedures as well as understanding the limitations of MEWPs

Duration	1-3 days
Location	At our depot or on-site
Method	Classroom tutorials, theory test, demonstrations and practical tests
Delegate numbers	x 4 - 2 Categories x 6 - 1 Category

IPAF MEWP Harness Use and Inspection



The IPAF accredited course designed for any operator, supervisor or manager required to select, inspect and use harnesses and lanyards for usage on MEWPs.

What will I learn?

- A greater understanding of the regulations and legislation relating to working at height
- How to select the correct work equipment and restraint systems to reduce risk and prevent falls from height
- How to carry out inspections of equipment to ensure they are safe and fit for purpose
- How to confidently select and don a harness
- How to inspect a harness

Duration	Half day
Location	At our depot or on-site
Method	Classroom tutorials, theory test, demonstrations and practical tests
Delegate numbers	x 10 per session

IPAF MEWPs for Managers



The essential training for anyone who supervises or plans working at height.

What will I learn?

- The importance of pre-use checks and daily maintenance carried out prior to commencing work
- A better understanding of the regulations relevant to MEWP usage
- How to use the correct emergency procedures, capacities and limitations to enable safe operation
- How to correctly select MEWPs and fall protection equipment

Who should attend this course?

- Project managers, site managers, supervisors, team leaders and all other on-site personnel responsible for supervising MEWPs
- Health and safety managers with a responsibility for on-site safety sales staff, site surveyors and any other employee advising on powered access use
- Business owners and managers who have MEWPs operating on their premises

Duration	1 full day
Location	At our depot or on-site
Method	Classroom tutorials and written tests
Delegate numbers	x 10 per session

Practical demonstrations are also included if machines are available

IPAF PAL+



What will I learn?

- IPAF PAL+ provides advanced powered access training with an emphasis on practical skills
- Delegates will receive guidance and be tested on safe work at height in challenging environments
- Practical testing to overcome 'real life' challenges
- Supplementary classroom based training helps develop delegate knowledge

Who should attend this course?

- Powered access users who have already obtained their IPAF PAL card in an applicable category

Duration	1 full day
Location	At one of our depots nationwide
Method	Practical training and testing alongside classroom tutorials, written tests and an interview to test operator knowledge
Delegate numbers	x 4 - 2 Categories x 6 - 1 Category

The IPAF Competent Assessed Persons (CAP)



The IPAF Competent Assessed Persons (CAP) programme focuses on a crucial aspect of safety, that of the machine itself.

It is intended to provide guidance for platform engineers on compliance with regulatory requirements and to offer documented evidence that individuals can be regarded as competent persons to plan, manage or carry out thorough examinations of powered access equipment within the context of current legislation.

The CAP programme complements IPAF's operator training courses by extending the promotion of a safety culture to machine maintenance as well as operation.

Our experienced training staff will provide guidance through presentations and individually assess those attending the sessions.

Successful assessment provides suitable candidates with the valuable documentary evidence that they are certified as competent persons to plan, manage or carry out thorough examinations of platforms in the context of current legislation including the Work at Height Regulations, LOLER and PUWER 98.

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	4 per session max

Other Courses

Forklift Operator Course



Designed for counter Balance forklifts from 1.5T – 5T. The course covers requirements for OSHAD and Dubai Municipality requirements for non-road use.

UAE only. Requires RTA license

What will I learn?

- Legal stipulations and hazards when operating lift truck equipment
- How to carry out operational and visual checks before and during use
- How to safely and effectively operate the machinery

Successful candidates will receive a photocard license valid for 3 years

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	Please enquire with our Dubai depot

Level 1 Work at Height Awareness



This programme is designed for managers, supervisors and operatives who may require knowledge of work at height risks.

What will I learn?

- A greater awareness of the regulations and legislation affecting employers and employees involved with working at height
- How to correctly select, the training required for certain work at height equipment
- Understand how equipment should be safely positioned and secure for work

Duration	Half day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 10 per session

Level 2 Award in Work at Height Skills



Training for managers, supervisors and operatives, who are required to work at height in a variety of equipment types & harnesses.

What will I learn?

- A better understanding of the Work at Height Regulations laws associated legislation and be fully aware of legal responsibilities
- Select the correct work equipment and systems to help prevent falls from height thus reducing risk to yourself and to others
- How to carry out basic inspections of equipment fit for purpose
- Confidently select and don the correct harness/lanyard combination and access associated equipment safely

Duration	Half day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 10 per session

PASMA Standard Access Tower



This programme is designed for managers, supervisors and operatives who may need to construct, use and inspect Mobile Aluminium Towers (MATs).

What will I learn?

- How to safely construct and deconstruct MATs
- How to correctly carry out a full safety inspection of towers
- A greater awareness of the hazards associated with towers
- The Personal Protective Equipment (PPE) required for working safely with MATs
- The safety regulations associated with the use of MATs

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 12 per session

PASMA Low Level Access



Training for personnel who work from prefabricated units under 2.5 metres of height.

What will I learn?

- How to safely assemble, dismantle and relocate low level access units without risk of personal injury to the delegate or others
- The legislations and regulations affecting working at height using low level access units
- The hazards associated with the use of low level access units
- The inspection of completed low level units and the management of inspections records

Duration	Half day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 12 per session

PASMA Combined (Standard & Low Level)



The ideal course for anyone who work from low level access units and standard mobile access towers.

What will I learn?

- How to safely assemble, dismantle and relocate low level access units and standard mobile aluminium towers without risk of personal injury to the delegate or others
- Current legislation, regulations and guidances affecting working from access towers and low level towers
- How to carry out inspections and maintain inspection records
- The hazards affecting the use of access towers and low level towers

Duration	1 full day
Location	At our depot or on-site
Method	Practical and classroom based
Delegate numbers	x 8 per session

Other Courses

If you're working on site there may be specific issues that arise requiring further advice, knowledge or training for you and your colleagues.

We offer a range of standard Toolbox Talks but can also provide additional talks in line with your specific requirements tailored to any organisation

Please contact us on 800 222 377 and ask for one of our training consultants to discuss this in further detail.

Work at Height Rescue - Bespoke

Rapid Access

Even trained operators can cut corners while doing their daily checks, particularly under the pressure of a working day, but it is vital that a full check is carried out on the machine before use.

This Toolbox Talk will re-visit the daily checks operators are taught on their IPAF operators course and ensure that delegates are aware of the importance of daily checks for their safety and the safety of those around them.

Duration	4-6 hours
Location	Rapid Access or on-site
Method	Practical and classroom based
Delegate numbers	10 per session max

Emergency Descent Toolbox Talk

Rapid Access

This session focuses on how to bring the platform down to ground level in case of an emergency while elevated. Individual pieces of powered access have different emergency descents, but the procedure should be the same. This course is aimed at operatives and designated ground staff to ensure they are confident in the emergency descent procedure on the machines being used on-site.

Duration	30 minutes
Location	On-site
Method	Practical and classroom based
Delegate numbers	10 per session max

Large Boom (27M+) Operator Assessments

Rapid Access

Are your operators working safely on site while using powered access platforms? We can't be everywhere all the time to be able to answer that question, but we can visit your site and assess your operators. An assessment will be taken of the whole site and operators working on it. This will then be provided to you in a written report, enabling you to take steps to improve safety on your site.

Duration	2-4 hours dependent on number of operators and size of your site
Location	On-site
Method	Practical and classroom based
Delegate numbers	10 per session max

Secondary Guarding Toolbox Talk

Rapid Access

This Toolbox Talk covers the causes and factors that increase the risk of entrapment, the processes and products available to reduce these risks and essential rescue advice. Entrapment incidents, also known as trapping or crushing, are caused when an operator is trapped between the platform and an object in the work area, unable to regain control of the machine, resulting in injury or fatality. Having the appropriate training can help greatly reduce the chance of an entrapment incident by raising operator awareness to trapping risks.

Duration	30 minutes
Location	On-site
Method	Practical and classroom based
Delegate numbers	10 per session max



Scan this QR code with your Smart Phone App to see a video of our secondary guarding solutions in action.

To see videos of our safety attachments in action visit www.rapidaccess-gulf.com/safety-and-innovations



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**Supporting your safety
across the GCC**





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